



A CAREGIVER'S GUIDE TO Water Safety

IN CASE OF EMERGENCY



1. CALL 911

- Put the phone on speaker & set it down.
- Start CPR.



4. Tell the 911 operator your address:

5. Continue CPR until the paramedics arrive.

6. Call the parents:

7. Other emergency #s:



Watch an important Water
Safety message from
AQUA-TOTS SWIM SCHOOL

SAVING LIVES SINCE 1991



OUTDOORS

- Only caregivers who are CPR certified can take children swimming.
- Receive permission from parents to take children into the pool.
- Keep the pool gate latched and locked.
- Remove items (chairs, tables, boxes, etc.) that may be used to climb over barriers.
- If playing outside, stay with the children at all times.
- If coming inside—even for a minute—bring children with you.
- Children may not enter the pool until you're ready to join them.
- Older children must always swim with a buddy.
- Stay within arm's reach of small children at all times.
- Keep an eye out for fatigued swimmers and ask them to sit on the side to rest.
- If you get out of the pool, everyone gets out.
- Floaties are toys, not lifesaving devices.
- After swimming, remove all toys from the pool and pool deck.



INDOORS

- Keep doors leading outside locked.
- Remain within arm's reach of babies, toddlers, and preschoolers during bathtime.
- Have children help put away toys and drain the bathtub when bathtime is finished.
- Keep toilet seats down and/or locked when not in use.
- Keep bathroom and laundry room doors closed when not in use.
- Drain standing water areas: buckets, sinks, water play tables, pet bowls, etc.